

3RD ANNUAL
**CABRILLO
 BEACH
 ENDURO**

**THE ENDURO
 IS BACK AGAIN!**
 SATURDAY, AUGUST 1ST

2009 Cabrillo Beach Enduro Event Review

Overall (See Course Diagram for Key Locations)

| Time | SUP Race | Windsurfing Race |
|--|---|--|
| Sign in and registration * | 7:30-8:30 am | 10:00am-12:00pm |
| <ul style="list-style-type: none"> • Please arrive as early as you can to facilitate registration, thank you! • Obtain your race packet • Obtain wristbands for your guests • Get your parking validated | | |
| Racers/Skippers Meeting | 9:00am | 12:30pm |
| Race schedule | 9:00am-11:30am | 1:00pm and onward TBD, subject to wind conditions |
| 5:30 pm – 8:30 pm | <p>Award BBQ and party at the Cabrillo Beach Bathhouse</p> <p style="text-align: center;"><i>followed by</i></p> <p>Happy Hour at the Cabrillo Beach Yacht Club</p> <ul style="list-style-type: none"> • 211 West 22nd st: <u>please park on 22nd street</u> • Identify yourself and as an Enduro participant (no wristband needed) | |
| <p><u>Parking note:</u> For participants with oversized vehicles (RV etc), it is recommended that you enter the parking lot through the Shoshonean Rd. entrance off of 22nd Street.</p> <p><u>Photos:</u> photos will be taken on land as well as from the race committee boat by Daniel Gallet and will be loaded on the www.cabrillobeachenduro.com site ASAP. Feel free to also contact Daniel directly at Frenchyphoto@aol.com or 310-548-1900.</p> <p>* Fees for same day registration are \$35: <u>we cannot guarantee spots for same day registrations</u></p> | | |

Stand Up Paddle Board Racing Instructions

- Classes and Race Sequence

Heat no. 1: Women's 12 ft and under

Heat no. 2: Men's 12 ft and under

Heat no. 3: Women's Open

Heat no. 4: Men's Open

Note: "12 ft and under" represents our recreational/novice class

- Rules:

Race participants will be grouped into 4 different heats depending on board length and gender. The race will start on the beach Le Mans Style, around the Point Fermin Bell Buoy, back to the beach, and across the finish line by the registration booth.

- Le Mans Start Procedures:

An air horn on the beach will signal the preparation for the race with a series of short blasts to alert the racers that the 1 minute count down will start at the next long blast and the raising of the starting flag. The PA announcer will call the appropriate classes to the starting line on the beach.

- Awards

The top racer in each class will be presented a first place trophy in that class, sponsored by



Other prizes will be presented to the first 3 to 5 places in each class.

Windsurfing Sailing Instructions

- Classes

Men:

- Sport: any novice racer, including racers who participated in the 2007 Enduro race and *were not among the top three (3) finishers*
- Open: has raced before – *note the top three (3) finishers in the 2007 novice class will be placed automatically in this class*
- Masters: **45 years** of age and over on the race day
- Junior: 17 years of age and under on the race day

Women:

- Sport and Open: will race as one class but will be scored separately if each class enrolment meets a minimum of five (5) in each class

- Starting Procedures:

Sport, Masters, Women and Junior: these classes will start from the beach with a 1 minute count down which will be started after a series of short horn blasts followed by a long horn blast and the raising of a flag by a Race Committee member stationed up wind of the starting area at the waters edge. The PA announcer will also announce the time left at 15 second intervals and count down the last 10 seconds.

Open : This group will line up at the beach starting area and after a series of short horn blast will here a long horn blast that will start a 3 minute count down to the start of their race. They are free to leave the beach anytime after the start of the 3 minute count down. The Race Committee on the Committee boat will hoist a Red flag at the start of the 3 minute sequence and will replace it with a yellow flag @ 2 minutes and a green flag @ 1 minute. The green flag will come down and a horn blast will signal the start of this race.

- Race duration and finishing: Each race will last 10 minutes and at the end of the 10 minutes the RC on the Committee boat will signal the end of the race with a horn blast and the raising of a white flag. At that point all racers should finish the lap that they are on and head immediately to the beach in order to clear the area for the next race. Do not leave your kits in the starting area.
- Sail Number: Each racer is responsible to affix their chosen sail number to their sail. This should be done in at least 12" high numbers in the top 1/3 of the sail on the starboard side of the sail.
- Equipment: There are no equipment restrictions. The Enduro format allows freeride equipment to be competitive with race equipment.
- We recommend that Open racers in particular have a count down watch to help track the race start and finish

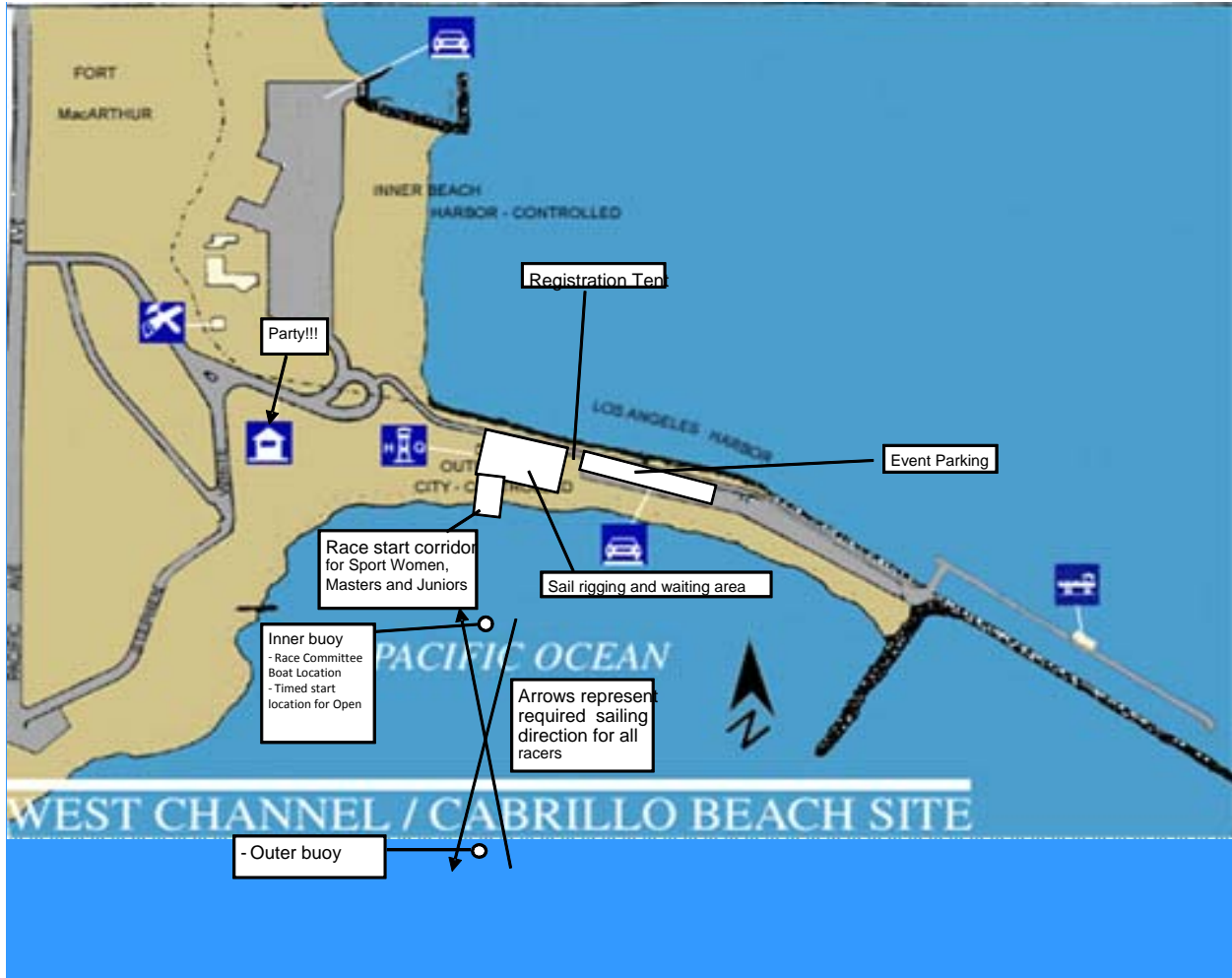
- Awards

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- Course Diagram:



- Questions: contact Joe Roth, joeroth@ix.netcom.com or Stephanie LeBlond, stephanie.leblond@sbcglobal.net (310-989-7801)

Good luck and HAVE FUN!